



## Courtyard



On Tuesday 12<sup>th</sup> July our clients Laura, Paul and James spent the day working on the courtyard of our Health and Wellbeing Centre. They re-planted flowers, fixed problems, cleared up mess and generally made it into a nicer area.

The courtyard is important as it is where many of our clients come to sit down, socialise and relax, and so we would like to thank each of them personally for making it a better looking, better equipped and better feeling place!



## Filmability / IT course end

After weeks of work our Filmability and IT courses have come to an end. The IT course helped clients learn the skills needed to use computers safely and effectively, while clients who took part in the Filmability course were asked to create a short film about homelessness that they wrote, cast and directed entirely by themselves.

The finished films can be viewed on the following link:

<https://www.youtube.com/watch?v=iNjrQbeicig>



## Toni's baby

We would like to give a huge congratulations to our volunteer co-ordinator Toni on the birth of her baby boy, Arthur!



We would also like to offer our sincerest condolences to her sleep pattern.

## Lunch packs / youth offending team

On July 2<sup>nd</sup> we partnered up with the Youth Offenders Team to supply residents of our Pathways Training houses with lunch packs made by young offenders looking to be rehabilitated into society. Partnerships like these are just some of the ways in which the Purfleet aims to aid the disadvantaged and strengthen the community as a whole.



## Daniel

Daniel's journey started when he could no longer rely on friends or family to support his living arrangement and he ended up homeless. "I was forced to take a step back and think long and hard about what I was going to do now that I had nowhere to live," he explains. "I decided to arrange a meeting with the Norfolk County Council to see if they could help my situation. That's when I found out about the Purfleet Trust. They told me about all the different things that they help with, from finding housing to supplying food to providing courses that make it easier for people back into work and everything in between. They referred me to the Purfleet and within 3 days I had a meeting, and not long after that I was living in one of their training houses. The houses are fully furnished, including multiple CCTV cameras so that I never feel unsafe, and because of the daily tasks we're asked to do as well as the weekly meetings I have with my support worker, I feel much better prepared for when I move on to independent living.

"Overall, my life has completely transformed since I first came across the Purfleet Trust. I feel 110% happier and would recommend it to anyone who needs help getting their life back on track."



## English and Maths course starting this month!

The Purfleet Trust is pleased to announce that a 6 week functional skills course covering Maths and English will be starting in August for anyone who wants to attend. The course aims to improve basic literacy and numeracy skills in order to assist clients during their everyday lives.

If you're interested, please speak to Lucy Shaw or email her at [lucyshaw@purfleettrust.org.uk](mailto:lucyshaw@purfleettrust.org.uk)