

The Mayor's Charities of the Year 2017-18 ...

When Mayor Carol Bower chose The Purfleet Trust and the One to One project as her charities for her Mayoral year 2017-2018, she vowed to make it a bumper year - and how she succeeded! With the support of a strong committee, headed by Deputy Mayor, Jim Moriarty, a host of events was organised, which succeeded in raising the amazing sum of £21,000.. This was split equally between the two charities, and their chief executives, Paula Hall from the Purfleet Trust and Hannah Cooper from the One to One project were presented with their cheques at a ceremony in the Town Hall. *Pictured from left to right are the members of the Mayor's Charity Fund*



committee: Hannah Cooper, Ben Colson, Councillor Jim Moriarty, Simon Bower (Mayor's consort), Carol Bower, Tony Bartlett, Paula Hall and Darren Taylor. Picture courtesy of the Lynn News.

... and Mayor's charity again in 2018-19

Just when it seemed things couldn't get any better, incoming Mayor, Councillor Nick Daubney, also chose the Purfleet Trust as one of his charities for the year, the other being the King's Lynn Winter Night Shelter. He was delighted that King's Lynn's twin town of Emmerich am Rhein decided to mark the 40th anniversary of the twinning between our two towns by making a donation to the Mayor's chosen charities. This proved to be a very generous €400, thoughtfully converted into cash in pounds and handed to the Mayor by the Mayor of Emmerich, Peter Hinze when the party from Emmerich arrived for a weekend visit in the middle of May. Included in the party were six schoolchildren who presented the Mayor with a further €200 which they had raised themselves through cake sales in their school. The Trust is very grateful to Councillor Daubney for choosing us again and is looking forward to another rewarding year.

Purfleet has moved!

After nine years at 5 St Anns Fort, Purfleet has moved and our new address is

**Pathway House, Austin Fields,
King's Lynn PE30 1PH**

The building, which was formerly the home of the Red Cross, has been completely refurbished to suit the needs of the Trust, with a more spacious Health and Wellbeing Centre, a training kitchen, a treatment room, training room and computer suite, as well as offices and interview rooms.

**PLEASE COME TO OUR AGM
16TH OCTOBER AT 11.00AM**

with keynote speakers

And an official opening by the Mayor

followed by a lunch and a chance to visit the building and see what goes on at Purfleet.

Breakfasting together in Gaywood Hall Drive

Recently a Breakfast Club was introduced at the houses in Gaywood Hall Drive. Each week Purfleet provides the food which the guests cook and then eat together along with their Independent Living Coaches. This has proved very beneficial as Independent Living Coach, Kathy Adams, explains:

"This gives the guests in the Training houses a chance to all get together. I have seen evidence of some really good team work. All taking it in turns to complete different tasks each week. Great for confidence building. Gaining new skills not only in cooking but socially also. It gives new guests a chance to get to know the others in a relaxed friendly atmosphere."



Wall of Hope for Pathway House



Everyone at the Trust is excited to be moving into new premises at the former Red Cross building in Austin Fields. We thought it would be good if clients were able to make a permanent mark on the premises, so came up with a project to create a relaxation garden beside the new building. Part of this will be a Hope Wall made up of tiles provided by Paint Me Ceramics in Hunstanton and decorated by our clients. The first 20 tiles were paid for by Marks and Spencer's who came in and painted them with clients - some of the results can be seen in the picture on the right. We are now hoping that other people will wish to sponsor more tiles which cost £1 each. Anyone interested in doing so should contact Joy Wylie or Jordan Peacock at the Trust.

Megan bags it for Purfleet

Megan is a fashion student at the College for West Anglia, who chose to base her final project on Homelessness. She travelled to different towns and cities and photographed people living on the streets and used these to produce drawings and printed fabric which she used in her final pieces. She then printed her images on to bags which she sold during the exhibition of her final year work. She not only raised £157 but more importantly helped to raise awareness of the work of the Trust in a most creative way. Many thanks, Megan!

The notice accompanying the exhibition read:

These totes talk.
They provide thoughts and start conversations because no one deserves the isolation or deprivation of communication. We might not be able to save the nation but we can change someone's situation.



Megan displaying her wares

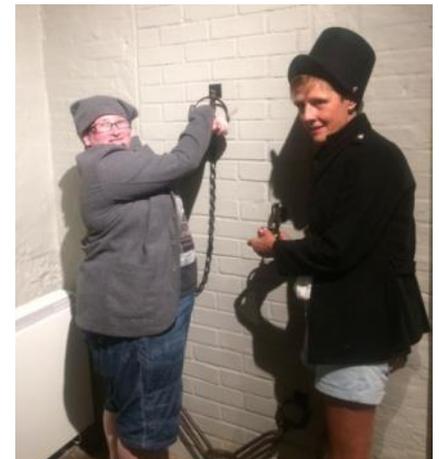
Out and About with Georgie

Georgie Futter is a complex needs support worker whose clients often face many challenges and barriers to addressing their issues and regaining the confidence to live independently. She recently came up with an idea to encourage her clients and have some fun at the same time.

So far Georgie has taken her clients to the South Gates and the Red Mount and has visited the Stories of Lynn at the Jail House with them. In the process she has learned more about local history herself.



Some clients find out about the highs and lows of life in Lynn in times gone by.



NCS put their hands to the wheel

As part of their four-week programme, NCS (National Community Service) team 5 (The Gladiators) volunteered to raise some money for the Purfleet Trust "Break the Cycle" campaign. We are raising money to start a bicycle loan scheme for clients. This will allow clients to borrow bikes to use for getting to appointments, volunteering opportunities and to generally improve their wellbeing. Cycling is not only good physical exercise for clients but can have a very positive effect on mental wellbeing. The group managed to raise over £500 which will be put towards bikes and essential safety equipment. We have volunteers who are going to teach basic bike maintenance to clients and will also provide cycle proficiency lessons

